

Promoting Resilient Children Program

About Promoting Resilient Children

The goal of **Promoting Resilient Children** is to increase the professional capacity of child care staff to enhance the social and emotional development of children. In addition, **PRC** provides mental health intervention to children ages birth to five. This program is a collaboration of mental health and early childhood specialists who provide services to early childhood centers through collaboration, coaching, and training to promote the social and emotional well-being of children before they enter kindergarten. PRC is generously supported by the United Way of Greater Cincinnati. Additional information: www.resilientchildren.org.

Program Highlights

PRC highly values collaboration with other community initiatives to support children's success in early childhood settings and as they transition to kindergarten. To that end, in 2012:

- **PRC** staff provided community trainings for the **Consortium for Resilient Young Children** for more than 200 child care administrators, teachers and Head Start program staff
- More than 1000 children in Hamilton County received pre/post assessment and follow up review by **PRC** coaches to support social and emotional development and school readiness
- **PRC** provided 750 consultations to child care teachers and administrators in **PRC** demonstration classrooms, and more individualized services prior to their transition to kindergarten
- **PRC** staff co-hosted a community training on trauma, presented by Dr. Barbara Boat, for the **Consortium for Resilient Young Children** with the Technical Assistance Group (TAG)
- The **PRC** video was completed and will be available for community training this winter. A facilitator training guide will be completed by January 2013 to accompany the video to help expand the scope of our work to new programs.
- The **Kindergarten Transition Calendar** was developed and distributed this summer to all programs participating in **PRC** and our community partners. More than 900 copies were given to families of children who transitioned to kindergarten in our region.

the **Consortium**
for resilient young children



Program Outcomes and Achievements

PRC has provided services for:

- 31 centers in Hamilton County and their staff and
- 1500 children ages three months to five years

PRC has demonstrated a consistent positive impact on the programs and children it serves:

- At the end of the school year:
 - ~ 94% of children showed age appropriate social and emotional skills
 - ~ 49% of children demonstrated fewer behavior concerns
- From pre- to post-assessment, 72% of children ages 0-3 and 77% of children ages 3-5 demonstrated improvement in their Protective Factors

Findings from a survey of directors confirm that **PRC** has developed the capacity of early childhood teachers. 22 **PRC** Directors report that their teachers have competencies in supporting children and families around social and emotional issues now that they have received **PRC** coaching. All 22 Directors have also identified potential areas of growth to better support children's social and emotional development.

In fall 2012, PRC conducted a study to test if programs who receive coaching demonstrate more positive child outcomes, regardless of the length of the child's tenure. The child outcomes are the result of fundamental changes in the classroom environment and teacher interactions that support children's social and emotional development and learning. The results of the study indicate that children enrolled in programs who have been PRC partners for at least four years show significantly higher social and emotional skills, as measured by the DECA, than children in newly enrolled PRC sites.

- More children in the tenured sites had age appropriate skills: 20% more in Self Control; 10% in Initiative; and 13% in Attachment.
- 18% more children in the tenured sites had age appropriate overall social and emotional skills as measured by the Total Protective Factor scale,
- Children in tenured sites also demonstrated fewer Behavior Concerns with 20% scoring in the Area of Need range as compared to 47% of children in the new sites.



These findings are important because programs that develop the capacity to effectively support children's social and emotional development, and can sustain this capacity, will continue to impact children beyond their participation in PRC. In other words, a teacher who can sustain the skills and practices supported by PRC will impact children in her care now and throughout her career which broadens the impact of PRC beyond its current services to the whole community.

"I am amazed that after so many years participating in the PRC project we are still having valuable and insightful experiences. The process for all of our staff is so wonderful. Sometimes we get to be leaders and sometimes we are learners....it's always important work"

~ Patti Gleason, President, Cincinnati Early Learning Centers, Inc.

How You Can Get Involved

Contact Patti Craig, PRC Program Manager and Director, Extension Services, The Children's Home of Cincinnati

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Thank you to our Funder:



The Children's Home of Cincinnati serves at the fiscal and managing agent for Promoting Resilient Children.

About the Consortium for Resilient Young Children

The Consortium for Resilient Young Children is a collaboration of early childhood and mental health organizations dedicated to supporting young children's social and emotional development. The Consortium was founded in 2004 in response to community conversation about young children's social, emotional and behavioral challenges and the capacity of child-serving agencies to address these needs.

To learn more please visit:

director@resilientchildren.org • www.resilientchildren.org • www.facebook.com/resilientchildren • www.twitter.com/resilientchild